

## From the Editor

Starting from this issue the Portuguese pharmacovigilance bulletin will begin to be published monthly. The Boletim's health professional readership will be receiving safety information even more on the dot every month at the INFARMED website where the publication's pdf file can be accessed and downloaded. You can also choose to get a link to each new issue in your mailbox – all you have to do is click [here](#) and subscribe for free.

## Agomelatine Urinary retention



### Quick Read

The melatonergic agonist and 5-HT<sub>2c</sub> antagonist agomelatine, similarly to other antidepressant agents, may in rare cases be associated with the occurrence of urinary retention.

*Agomelatine is a melatonergic (MT<sub>1</sub> and MT<sub>2</sub> receptor) agonist and a 5-HT<sub>2c</sub> antagonist used in the treatment of episodes of major depression in adult patients. It increases the release of noradrenaline and dopamine from the frontal cortex while having no effect on the extracellular levels of serotonin.*

During its routine pharmacovigilance activities and based on six cases from the European adverse drug reaction database EudraVigilance, the European Medicines Agency (EMA) recently raised a safety signal to do with agomelatine and urinary retention, an adverse effect previously known to rarely occur with other antidepressants.

Taking into account the available data and the concluded assessment, a causality relationship seems to be possible. Its precise mechanism remains to be clarified, although it is known that agomelatine can promote the stimulation of adrenal receptors in the lower urinary tract.

In September 2016, EMA recommended that the marketing authorization (MA) holders of medicinal products containing agomelatine submit the following changes to the SmPC (Summary of the Product's Characteristics):

Section 4.8. Undesirable effects  
Renal and urinary disorders  
(Frequency) rare: Urinary retention

*Leonor Chambel*

## INDEX CARD

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### Quick Read

Calciphylaxis is a rare, high-mortality syndrome of vascular calcification and skin necrosis whose pathophysiology still is to a large extent unknown. It can be associated with various conditions including renal failure. Rare cases of calciphylaxis have been described in patients being treated with warfarin, even in the absence of kidney disease.

*Warfarin is a vitamin K antagonist used as an oral anticoagulant in the treatment and prophylaxis of thromboembolic diseases. The pathophysiology of calciphylaxis is still relatively obscure and it is probably the result of multiple comorbidity factors.*

During its routine pharmacovigilance activities and based on cases from the literature<sup>1-18</sup>, Sweden raised a safety signal concerning calciphylaxis and the use of warfarin. Overall those articles included a total of twenty cases of warfarin-induced calciphylaxis.

Taking into account the available data, the European Medicines Agency (EMA) Pharmacovigilance Risk Assessment Committee (PRAC) agreed to request from the marketing authorization (MA) holders a cumulative review of all calciphylaxis and related cases. It was concluded that there was a causal relationship and the following changes to the SmPC (Summary of the Product's Characteristics) were recommended:

Section 4.4 – Special warnings and precautions for use

Calciphylaxis is a rare syndrome of vascular calcification with cutaneous necrosis, associated with high mortality. The condition is mainly observed in patients with end-stage renal disease on dialysis or in patients with known risk factors such as protein C or S deficiency, hyperphosphataemia, hypercalcaemia or hypoalbuminaemia. Rare cases of calciphylaxis have been reported in patients taking warfarin, also in the absence of renal disease. In case calciphylaxis is diagnosed, appropriate treatment should be started and consideration should be given to stopping treatment with warfarin.

Section 4.8 – Undesirable effects  
Skin and subcutaneous disorders  
Frequency Not known: calciphylaxis

*Leonor Chambel*

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## Recombinant factor VIII

### Risk of development of inhibitor antibodies



#### Quick Read

The risk of developing inhibitors in patients with severe haemophilia A does not seem to be significantly different across the various products containing recombinant factor VIII.

*The development of factor VIII alloantibodies is associated with a reduction of haemostatic effect and is the most serious and challenging complication of haemophilia A treatment. It usually occurs during the initial exposure to factor VIII, that is, in small children.*

A metaanalysis has been concluded which assessed the risk of development of antibodies against recombinant factor VIII in previously untreated patients with severe haemophilia A (factor VIII levels <1%). Medicines included in this metaanalysis were the centralized products containing octocog alfa (Advate, Helixate Nexgen, and Kogenate Bayer) and moroctocog alfa (Refacto and Refacto AF), as well as other recombinant anti-haemophilia factors authorized at national level.<sup>1-3</sup>

The European Medicines Agency (EMA) Pharmacovigilance Risk Assessment Committee (PRAC) highlighted some limitations in that analysis including the possibility of residual confounding. It was concluded that an increased risk of inhibitor development in previously untreated patients with severe haemophilia A was not confirmed for either Kogenate Bayer or Helixate NexGen, when compared with other recombinant factor VIII products. These conclusions are in agreement with a previous [2013 review](#).

Márcia Silva

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## ADRs in the Literature



### Single exposure to general anaesthesia in early childhood does not seem to be associated with untoward neurocognitive outcomes until as late as adolescence.

In this interesting and original study, the authors tried to find out whether a single exposure to anaesthetics in otherwise healthy children could be associated with neurocognitive development or abnormal behaviour disorders later in childhood.

They studied a cohort of pairs of siblings not older than 36 months of which one had been submitted to general anaesthesia for inguinal hernia repair (mean age at time of surgery: 17.3 months). At the moment the study was undertaken the subjects were between 8 and 15 years of age and the "global cognitive function" outcome was assessed prospectively with retrospective data since anaesthetic exposure.

No significant differences were found within the pairs of siblings in their IQ scores, namely in terms of memory/learning, motor/processing speed, visuospatial function, attention, executive function, language, behaviour. Future studies could look into repeat or prolonged exposures and subgroups of special vulnerability

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## Educational Materials published on the Infarmed website



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<b>Keytruda (pembrolizumab)</b>	<b>Information for physicians</b> <a href="#">Brochura de informação para profissionais de saúde – 2.ª versão</a> <b>Information for patients</b> <a href="#">Brochura de informação para o doente – 2.ª versão</a> <a href="#">Cartão de alerta para o doente – 2.ª versão</a> Published on 01-07-2016
<b>Opdivo (nivolumab)</b>	<b>Information for physicians</b> <a href="#">Guia de controlo de reações adversas imunitárias para o médico 3.ª versão</a> <b>Information for patients</b> <a href="#">Cartão de alerta do doente – 3.ª versão</a> Published on 19-08-2016
<b>Pamidronato Hikma (sodium pamidronate)</b>	<b>Information for patients</b> <a href="#">Cartão de alerta para o doente – 1.ª versão</a> Published on 04-07-2016
<b>Pradaxa (dabigatran)</b>	<b>Information for physicians</b> <a href="#">Guia de prescrição (FANV, TVP e EP) (indicações cardiovasculares) 9.ª versão</a> <a href="#">Guia de prescrição para a prevenção primária de fenómenos tromboembólicos venosos – 9.ª versão</a> Publicados a 06-07-2016
<b>Rivastigmina Mylan (rivastigmine)</b>	<b>Information for patients</b> <a href="#">Cartão de memória para o doente – 1.ª versão</a> Published on 06-07-2016
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Compiled by Magda Pedro

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