

Medicines

# Facing the Challenges: Equity, Sustainability and Access

29-30 November 2018 | INFARMED, I.P. - Lisbon, Portugal

## Portuguese Medicines Policy and Developments

Rui Santos Ivo | Vice-President | INFARMED | Portugal

November | 29 | 2018

# AGENDA

---

- **Introduction**
- **Policy Objectives & Drivers**
- **Developments**
- **Challenges**

25<sup>+</sup>

25+

---

# Introduction

---

# INFARMED, I.P. - Mission

## Regulate and supervise

- Ensure the assessment of human medicines in terms of quality, safety and efficacy
- Ensure higher standards of expertise in Portugal and Europe

## Access

- Ensure the cost-effectiveness of medicines for human use
- Guarantee equitable access to quality, efficient and safe medicines

## Health Technology Assessment – HTA

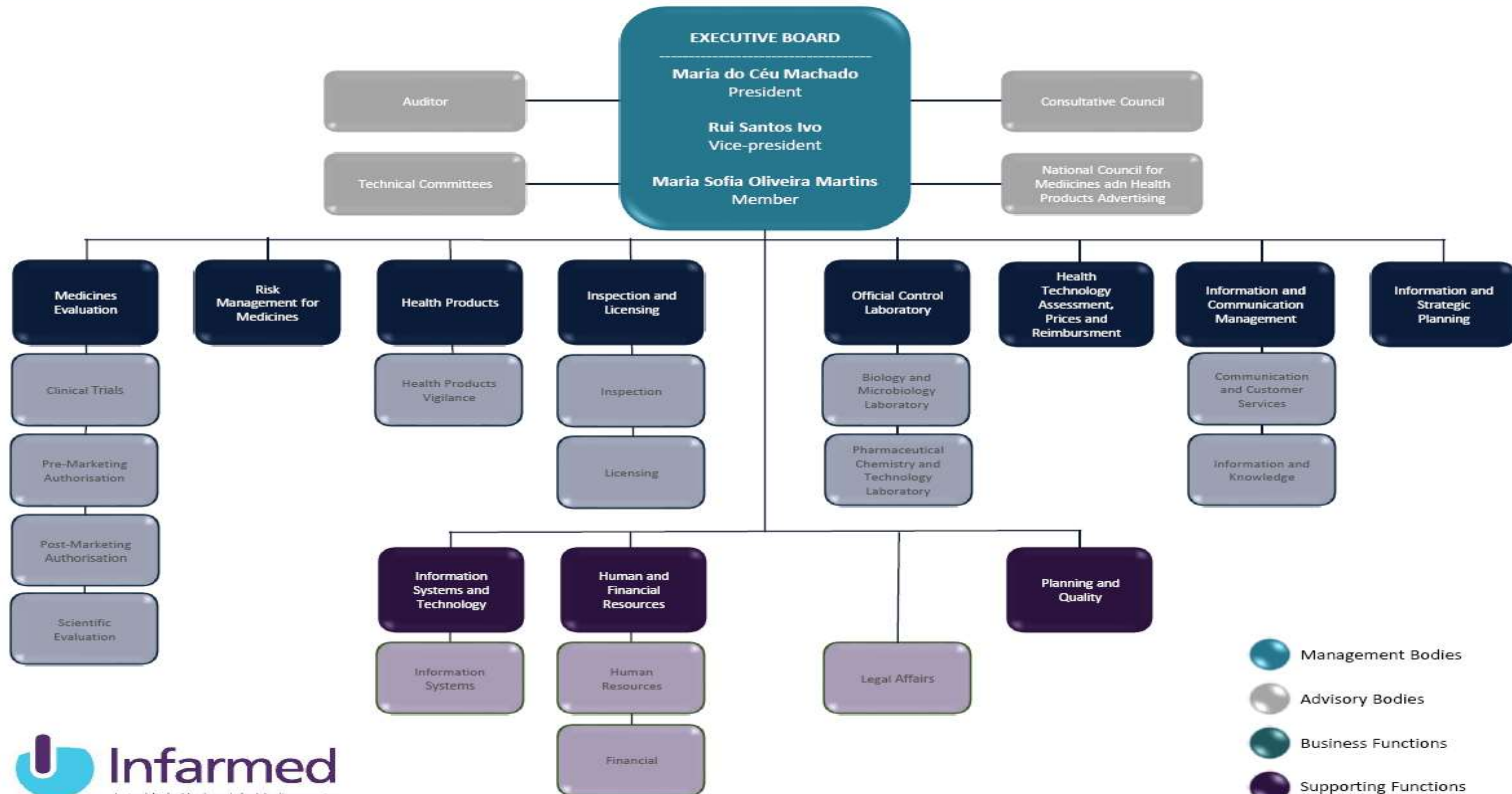
- Maintain the National Health System sustainability facing innovation challenges

**Human  
Medicines**

**Medical  
Devices**

**Cosmetics**

# INFARMED, I.P. - Organization



## INFARMED, I.P. – H. Resources

- **Solid structure with a prestigious critical mass**
  - Recognized at international level
- **Qualified staff and external experts from:**
  - Universities | Hospitals | Research centers
- **Establishing a cohesive network**
  - National scientific communities and EMA  
Multidisciplinary Team
- **Participating regularly in European scientific procedures**

350

- Qualified professionals

300

- External experts

25+

---

# Policy Objectives & Drivers

---

# Health policy context

Government pursues some key objectives:



**Maximizing citizens' quality of life**

**Ensure the sustainability of the NHS  
and an efficient use of health  
resources**

**Improve access to medicines and  
increase efficiency in new medicines  
introduction**



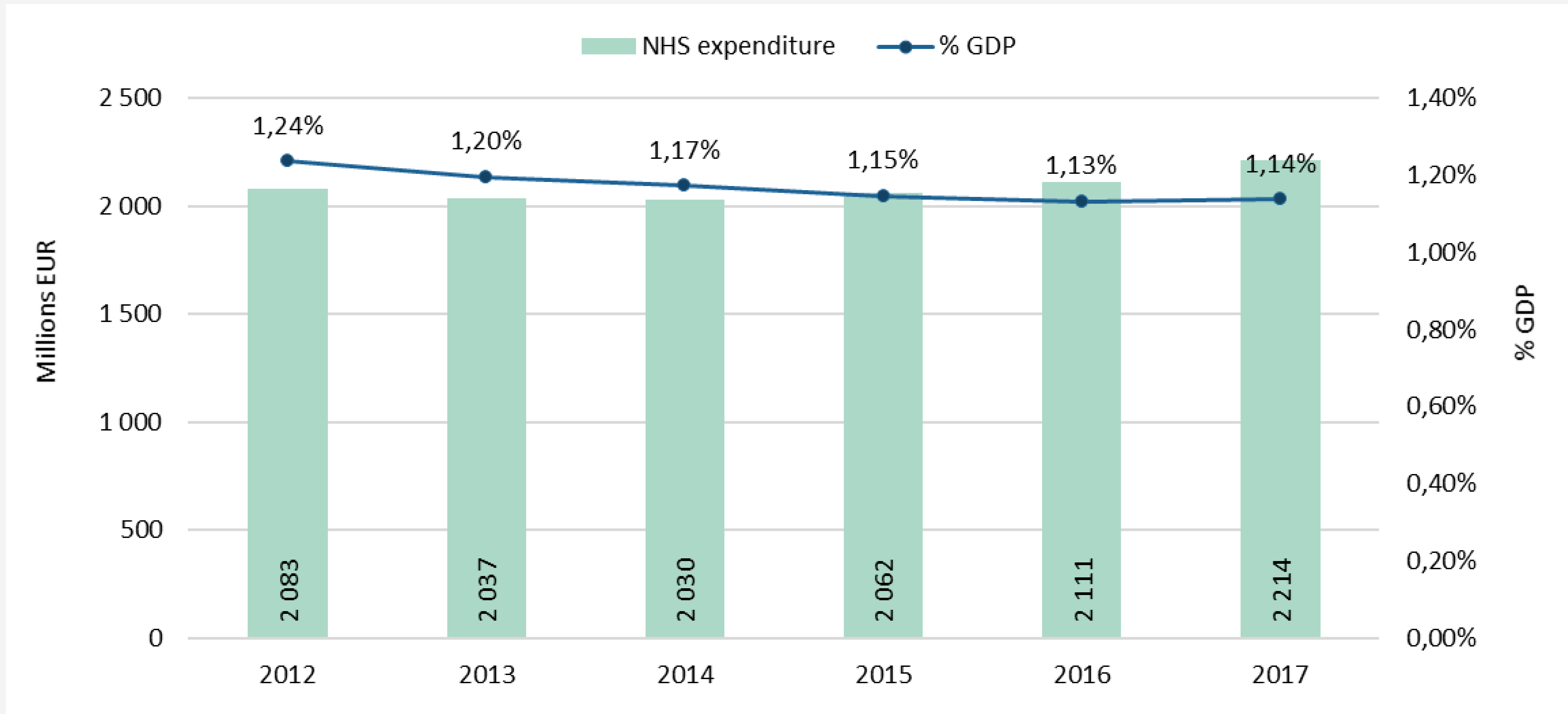
# National Context

- **Citizens:** Profound change in the demographic profile, due to population ageing and growing prevalence of chronic diseases
- **Health System:** Over the past few years, pharmaceuticals pose major challenges to the NHS
  - Establishment of cost-containment policies.
  - Access to Innovation.
- **Budget and Expenditure:** after a certain stabilization, it starts increasing

# International Context

- Increase in prices for new medicines - affordability and effectiveness in some areas (eg, cancer)
- Impact of new and personalized technologies (eg, CAR T cells)
- Uncertain clinical outcomes and consequent benefits
- Improvement of assessment methodologies
- Cooperation at various levels, eg methodologies, assessment, planning, negotiating

## Medicines expenditure / % of GDP



# Policy Orientations

**Ensure access to medicines with more efficiency**

**Ensure sustainability of the National Health System**

**Reinforce intervention in therapeutic compliance and monitoring**

**Balancing health budget with access to therapeutic innovation**

**Investment on planning and prioritization frameworks (Horizon Scanning)**

**Strengthen European Cooperation**

**Value the role of pharmacies as health care providers**

**Promote OTC - Pharmacy Only Medicines**

25+

---

# Developments

---

# Financial Agreements

Agreement with the major representative associations: Pharmaceutical industry, Pharmacies, Wholesalers, Medical Devices - Establish main guidelines to control NHS expenditure with medicines and medical devices for a 3 years:

## Agreement with

### Pharmaceutical industry

Promote control of public expenditure

Introduction of innovation

## Agreement with pharmacies

### associations

Payment of a fee to promote the dispensing of medicines with lower price started 1st January 2017

Reinforce their role in health programs

## Clawback since 2015

Equity principle;

Compulsory contribution by all companies;

Percentage of total market share for each company;

Quarterly contribution through Ministry of Finance

# Sustainability Measures ongoing

## Annual price revision in ambulatory and hospital

Reference countries 2018: Spain, France and Italy  
(**estimated savings of 30 M€**)

## Health Technology Assessment and Price&Reimbursement:

Reassessment and global approach for specific areas of medicines: HIV, Anti-Diabetic medicines (iDPP-4) and New oral anticoagulants;

Key changes on the HTA and P&R legal framework:

- New timeframes for assessment: 180 days (innovation), 30 days (generics and biosimilars) and 75 days (other medicines);
- New approach to early access programmes;
- Increased price competition for generics and biosimilars (at least 20% cheaper than biologic medicine);

Horizon scanning: be aware of the coming disruptive technologies and anticipate measures

# Sustainability Measures ongoing

## National Health System:

As part of the contracting system - Incentives to hospital biosimilar use, focusing on specific substances: infliximab, etanercept and rituximab

Benchmarking Information to hospitals to monitor the evolution of medicines consumption and expenditure

Incentives to generics dispensing

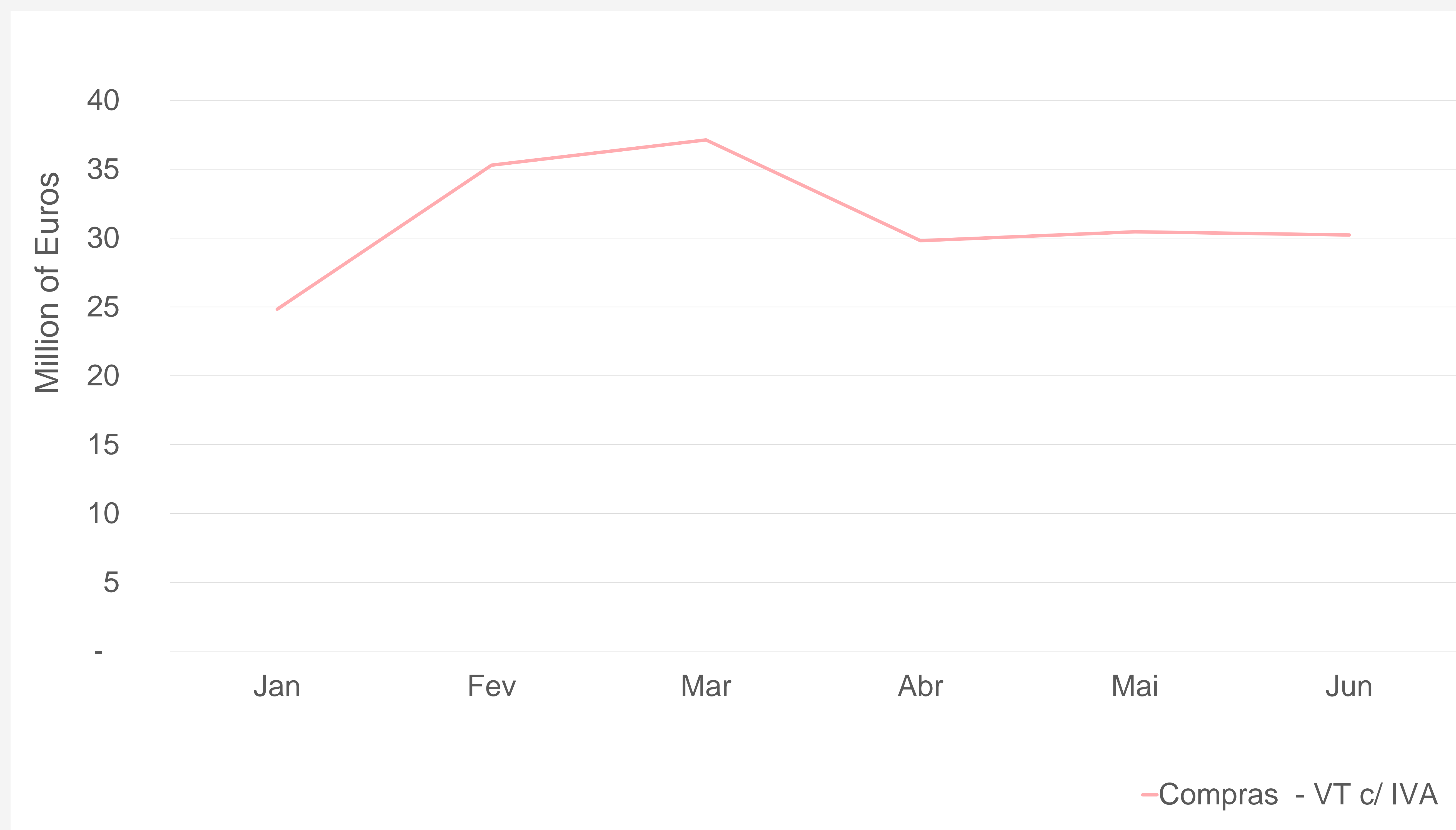
## Medical Devices

HTA and economic evaluation of specific groups of medical devices

Creation of a monitoring system for hospital consumption – launched January 2018



## Monitoring medical devices



Data collection (until now):

- . 38 health institutions (70%)

- . Value - 189,3M€

- . NHS medical device market (540M€ to 590M€)

# HTA in Portugal



- Since 1998 for outpatient sector
- Since 2007 for inpatient sector
- 2015 creation of SiNATS
- 2017 SiNATS is re-designed to guarantee the efficient use of public resources for health, monitoring the use and effectiveness of technologies, promoting and awarding relevant innovation development and equitable access to technologies.

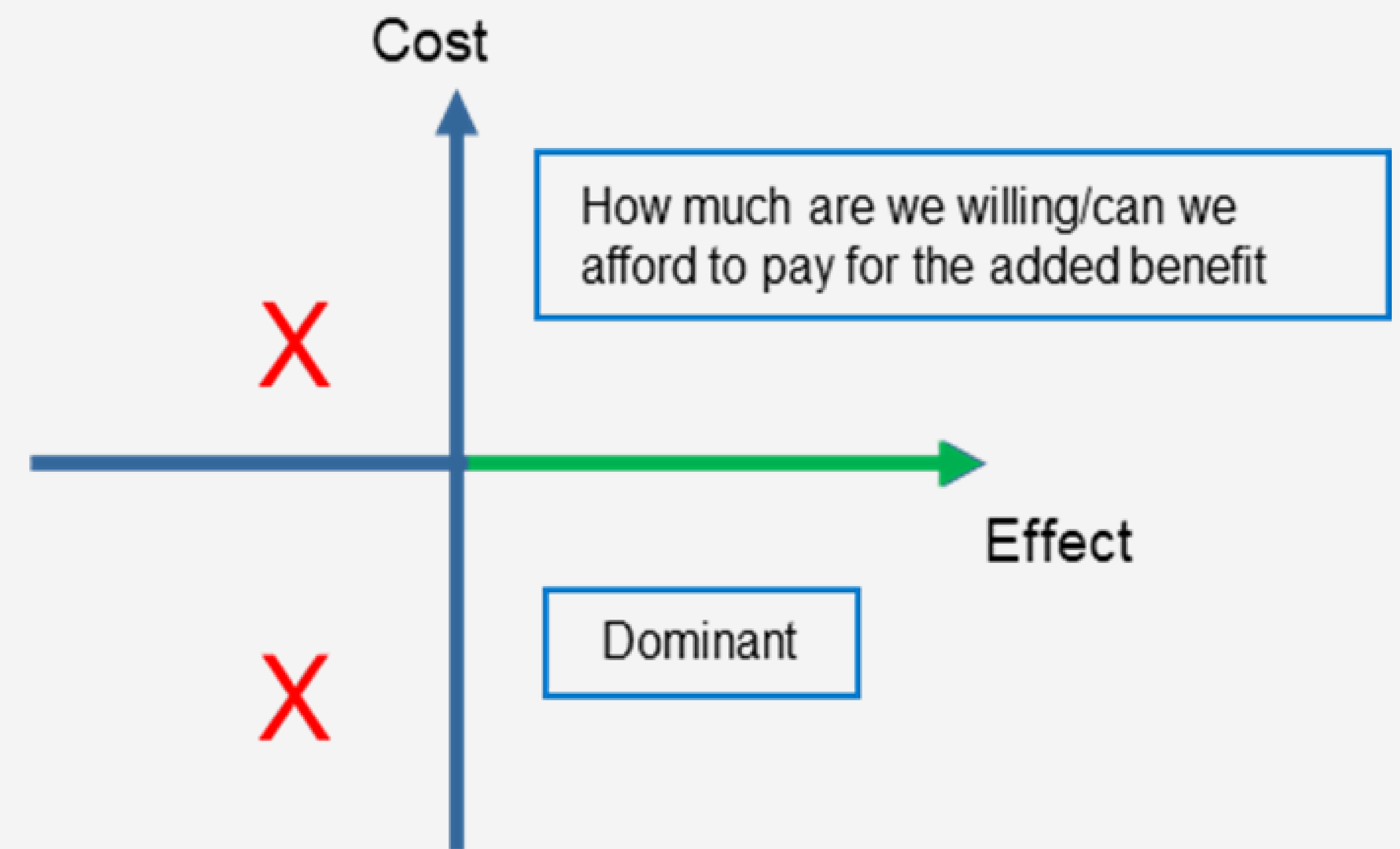
**2018 - 2019 Review of economic assessment guidelines on economic assessment**

# Health Technology Assessment

Legal Decree No 97/2015, 1 June

*Regardless of other technical-scientific criteria for the assessment of health technologies, as further defined by regulations from INFARMED, reimbursement of medicines should meet the following requirements:*

- a) *To prove pharmaceutical's Added Therapeutic Value or comparability, in comparison with the appropriate comparator, within its claimed benefit;*
- b) *To prove economical advantage*



# SiNATS

Technology: Medicines + Medical Devices....

Assessment:

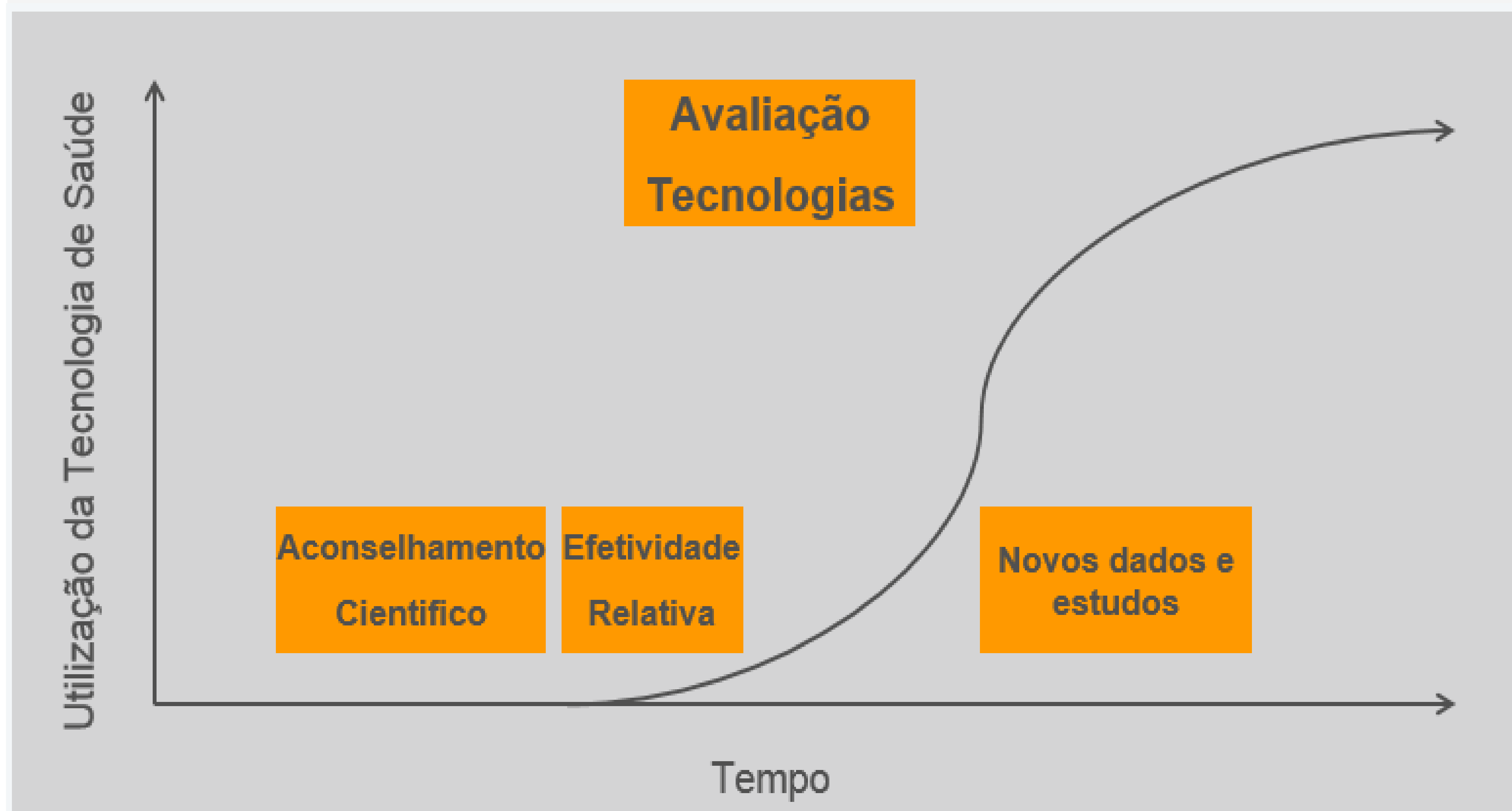
- a. Relative effectiveness (Added therapeutic value)
- b. Cos-Effectiveness (economic value)
- c. **Other dimensions of value**

Decisions:

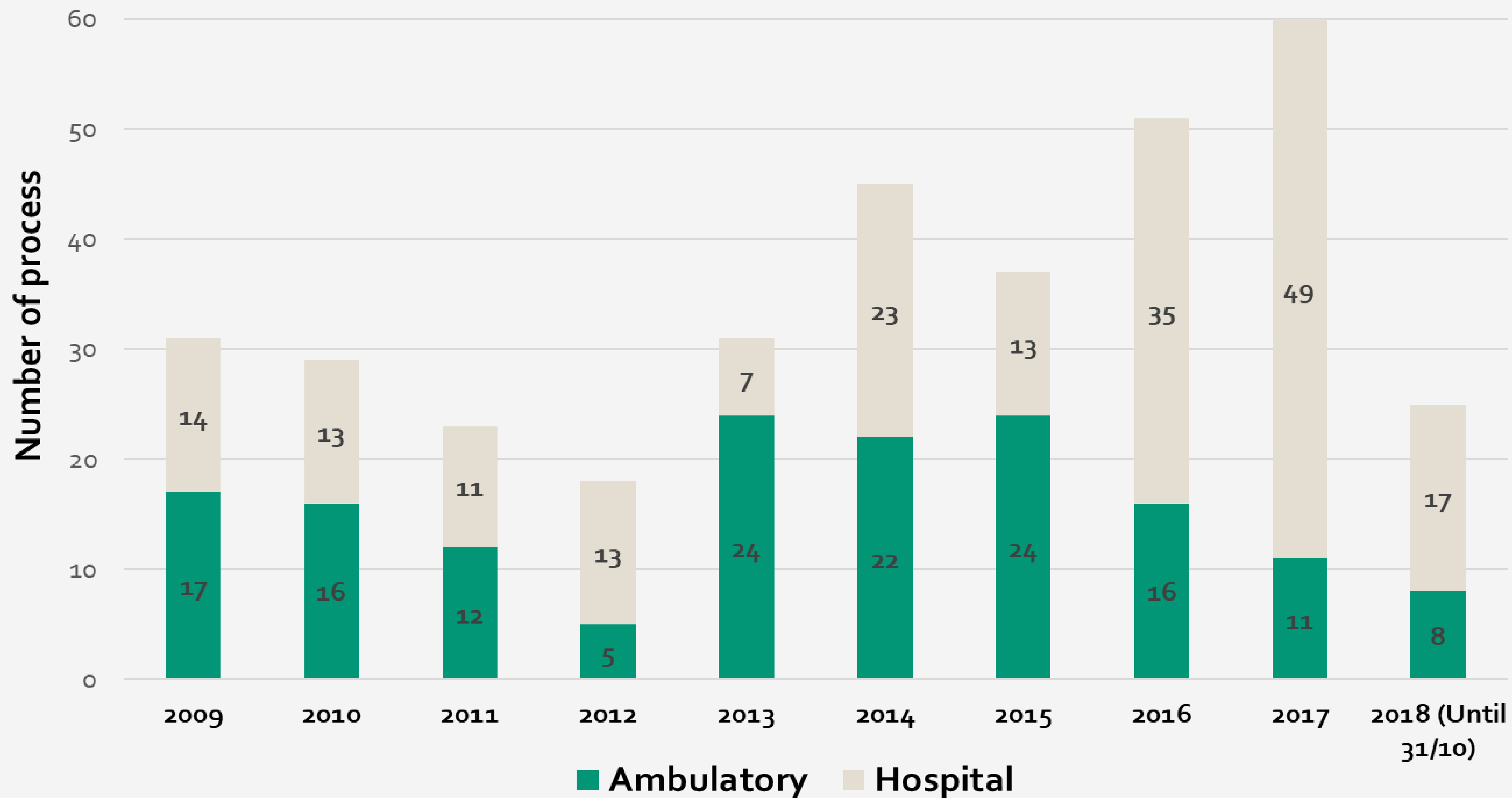
- a. Price
- b. Financing/reimbursement
- c. Control and limitation of costs
- d. **Risk Sharing**
- e. **Additional monitoring**

**Reassessment of technologies (emphasis)**  
*(evaluation ex-post) - New paradigm*

**Participation at EU level**



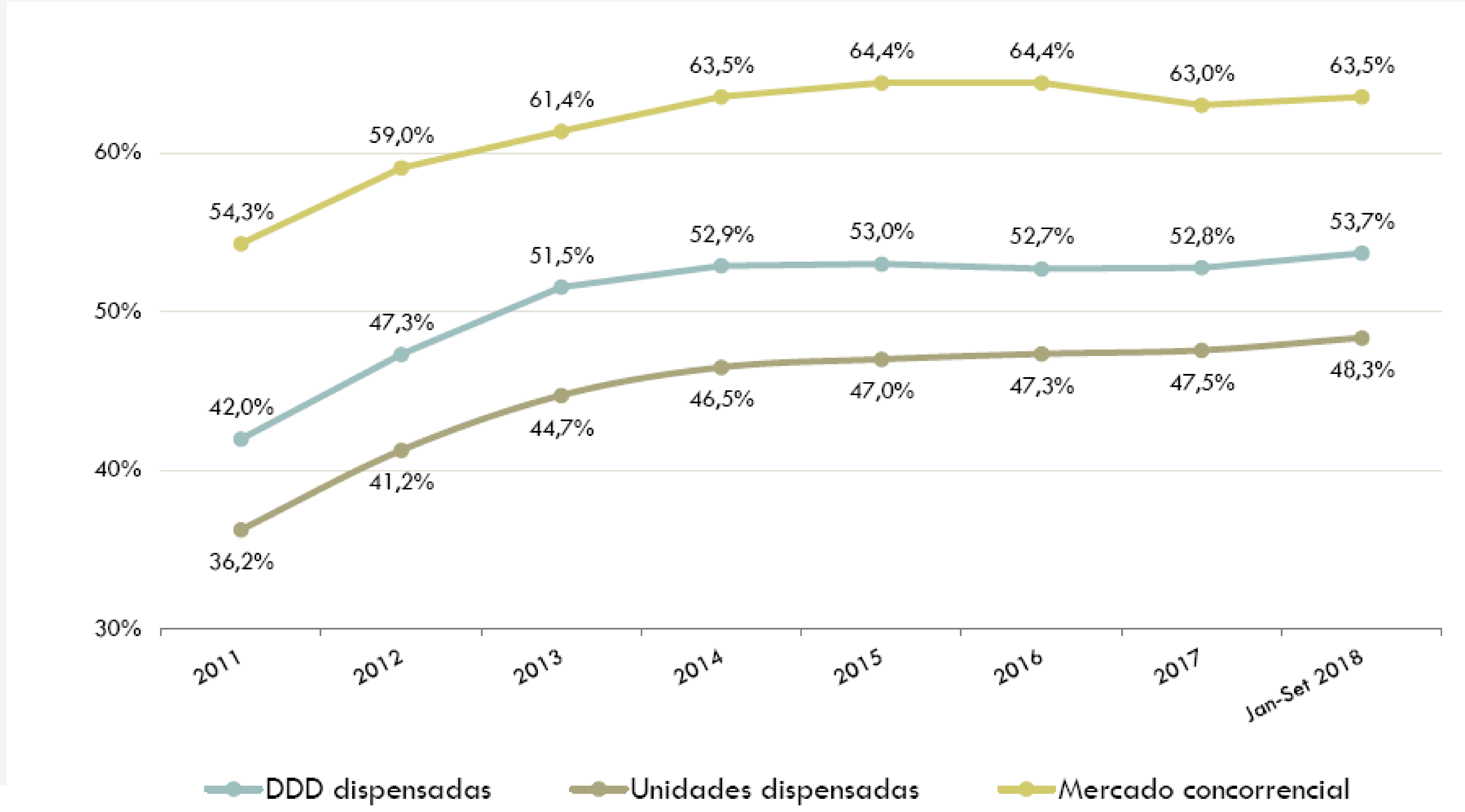
# Access to innovation - PT



# Promotion of generics

- **Creating monthly Homogeneous Groups** for new generic drugs (keeping the quarterly dynamic review of existing groups) - **reduce the NHS burden;**
- **Speed of reimbursement decision** for generic medicines;
- **Establish a minimum threshold** for generics' prices;
- **Allocation of an additional fee per package of medicines dispensed** by pharmacies in order to promote the dispensing of medicines with lower price;
- **Promotional / educational campaigns encouraging generics' consumption.**

# Generics market share



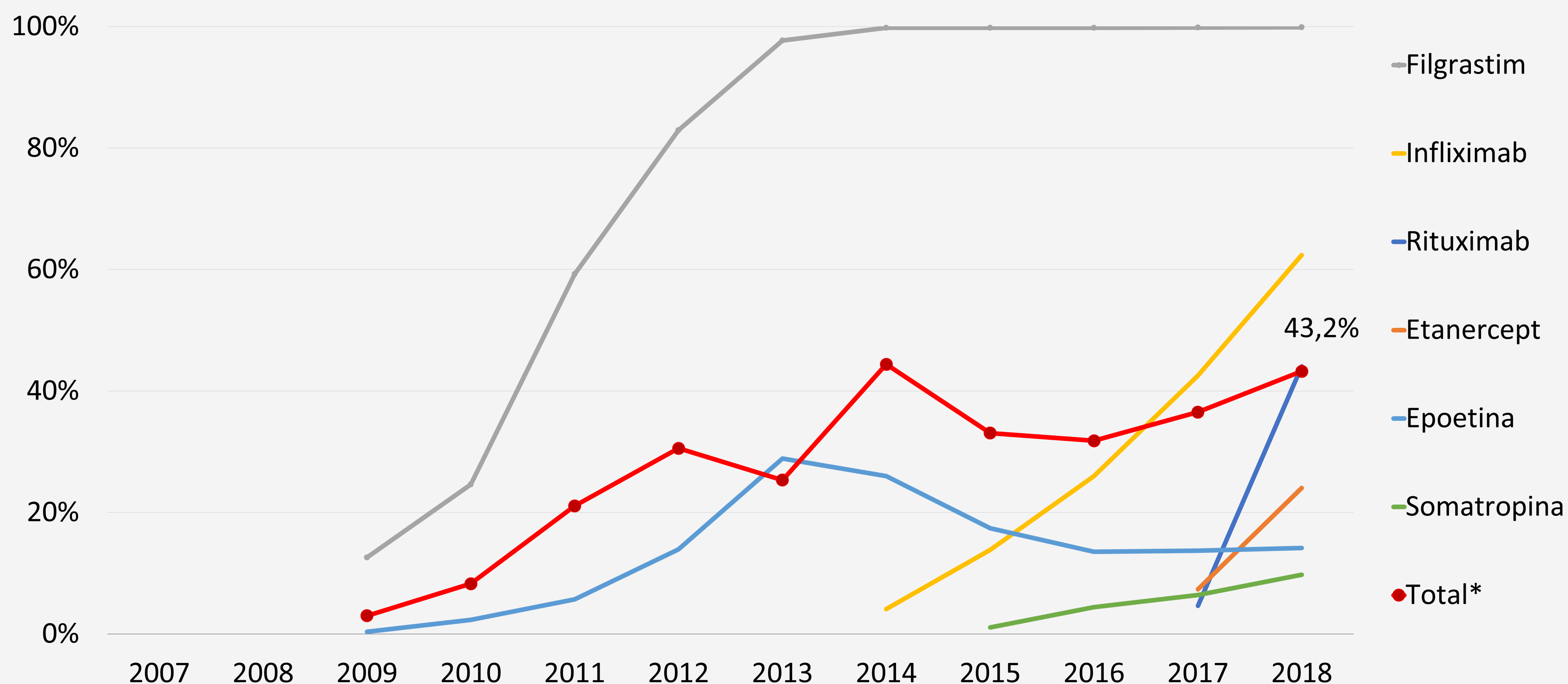
# Promotion of biosimilars

- Recommendations related to Biosimilars: for Infliximab, Rituximab and Etanercept, switch is encouraged if the biosimilar is cheaper and patient is stable;
- Incentives to hospital biosimilar use, as part of the Hospital contracting system;
- **Speed of reimbursement decision** for biosimilar medicines;
- Increased price competition for biosimilars (at least 20% cheaper than biologic; medicine and 30% cheaper when the biosimilar market share is higher than 5%);
- Information sessions at NHS Hospitals.



# Biosimilar market share evolution

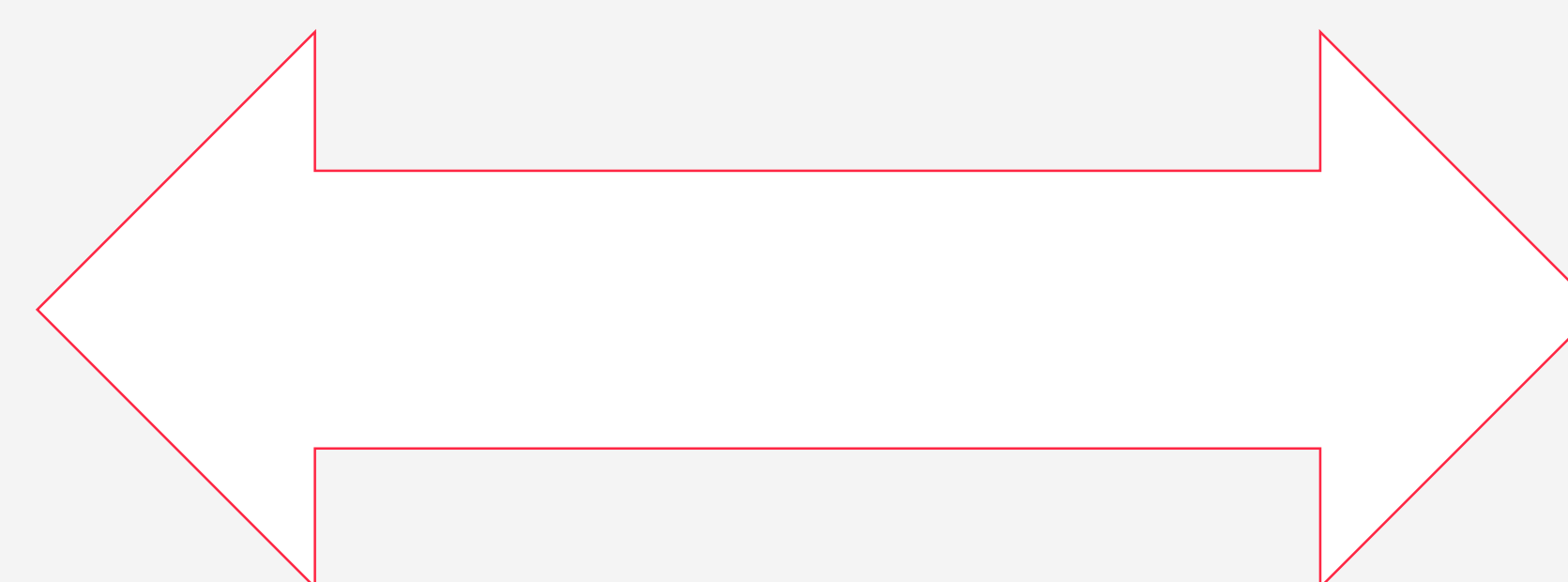
Hospital  
market



\* Biosimilar share within the group of substances with marketed biosimilar

# Reinforcement of linkage to NHS

**National Pharmacy  
and Therapeutics  
Committee**



**SNS**  
SERVIÇO NACIONAL  
DE SAÚDE

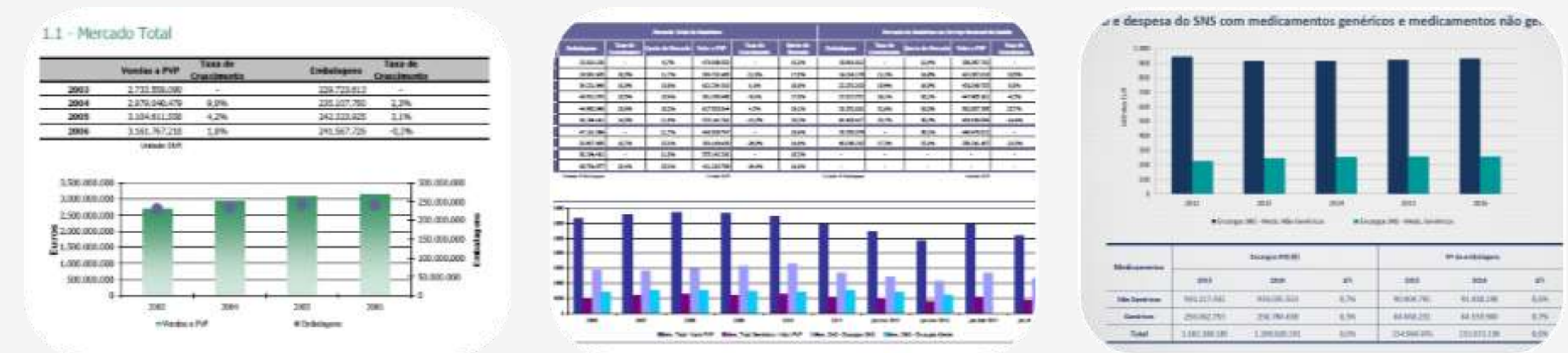
Ensure the coordination and sharing  
of information between NHS Hospitals  
and Regional Health Administrations



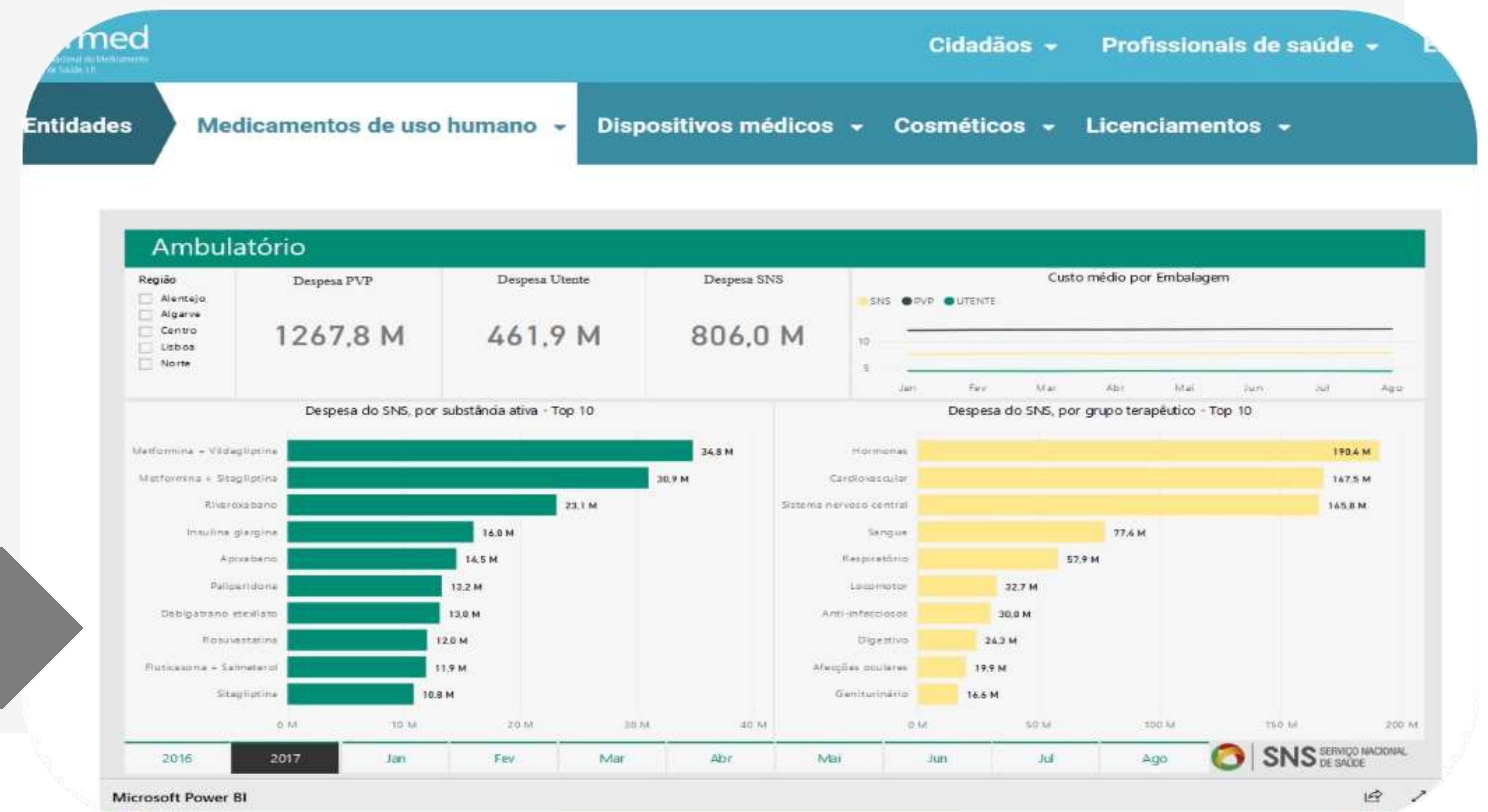
**FNM** FORMULÁRIO NACIONAL  
DE MEDICAMENTOS

# Monitoring medicines use

- Permanent and continuous monitoring of accessibility of medicines
- Real World Data - initiatives within our National Health Service - **RON**
- Better planning and prioritization

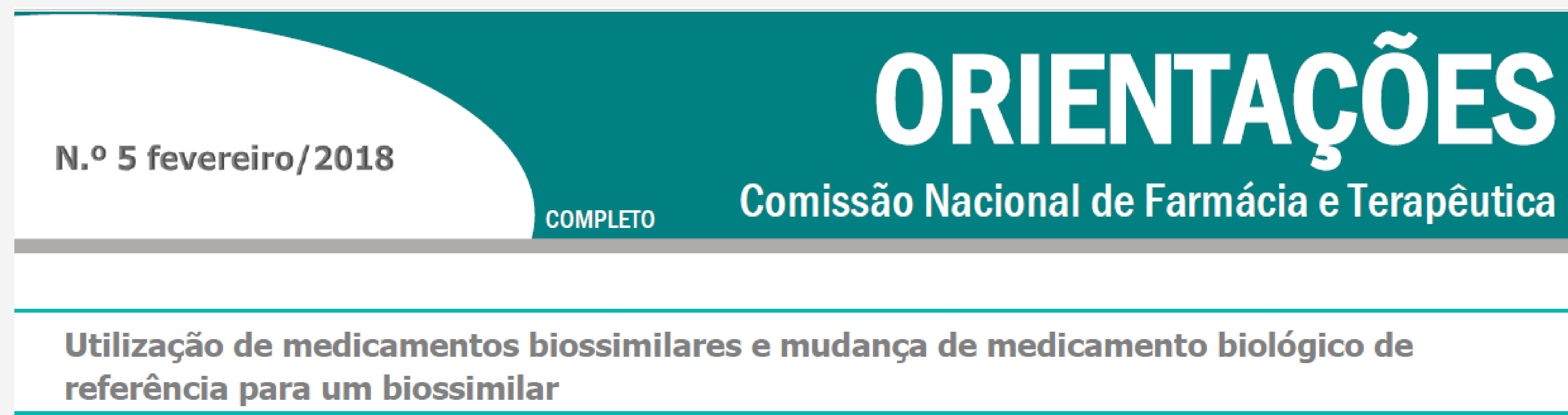


**DASHBORDS ONLINE**



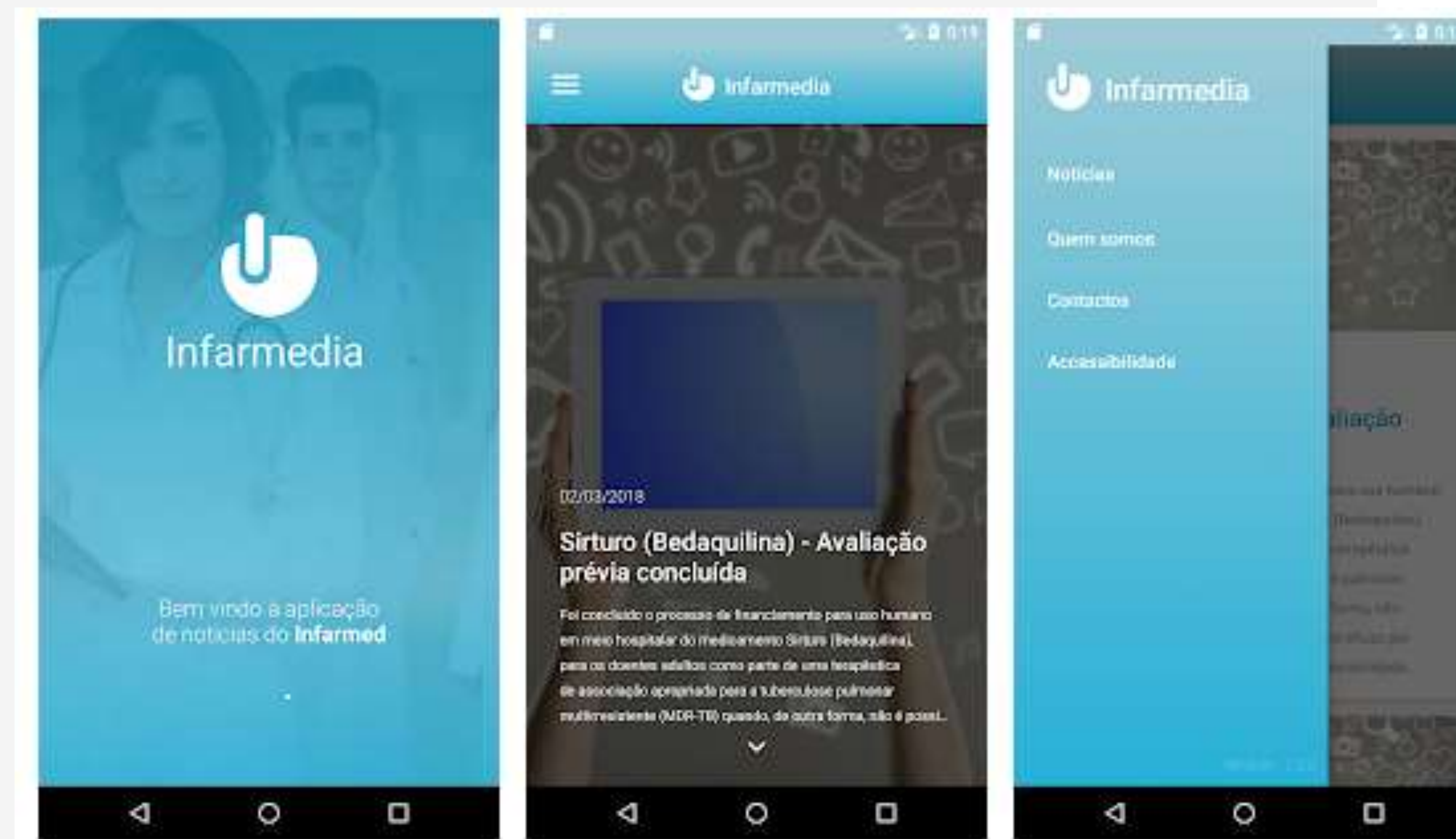
# Utilization & Information

- Qualification of prescription and utilization of medicines:
  - Reinforced role of the National Pharmacy and Therapeutics Committee by issuing recommendations and developing the National Medicines Formulary with positioning of medicinal products



## Utilization & Information

- New tools for dissemination of information
  - Launch of a new app “Infarmedia”:  
Aims to reinforce communication with health professionals, working as a tool to inform prescribers about new available medicines (innovation, biosimilars, 1st generic), as other relevant aspects.



# Interaction with Patients

Engage Patients/Patient Associations in the process of health technology assessment and in other areas

**incluir**

- INFARMED's project that aims to structure and deepen involvement with patients and patient associations

# International collaboration

**EUnetHTA JA3**

**Product  
Assessment**

**VALLETTA**

**Price  
Negotiation**

25+

---

# Challenges

---



# Challenges

**Synergies between the Regulatory System and HTA and Financing are essential**

**Need to develop efficient collection of real utilization data and assess performance**

**New technologies and uncertainty of outcomes**

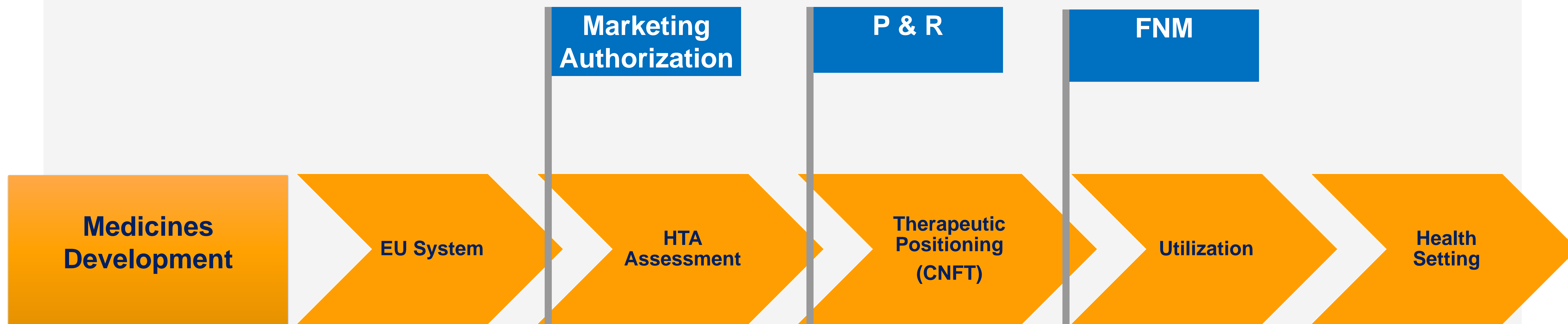
**New Payment Models**

**Horizon scanning and more planning in view of health needs**

**Involvement of patients**

**Reinforce existing cooperation and develop concrete areas, eg assessment, pricing negotiation**

# A more integrated system for Medicines and other technologies



# THANK YOU

[rui.ivo@infarmed.pt](mailto:rui.ivo@infarmed.pt)



Infarmed 25<sup>+</sup>

Autoridade Nacional do Medicamento  
e Produtos de Saúde, I.P.